

Emergency Kit Checklist

- Water** – 1 gallon per person, per day & at least 3 days' worth.
- Food** – non-perishable, nutritional, easy to prepare & at least 3 days' worth. (PB & J, nutritional bars, nutritional shakes, nuts, seeds, trail mix, dried fruit)
- Flashlights & lanterns.**
- Battery-operated, hand-crank, and/or solar powered radio.** An NOAA Weather Radio would be best.
- Extra batteries** for your flashlights, lanterns & radio.
- First aid kit.**
- Medications** – at least a 7 day supply.
- Multi-purpose tool.**
- Hygiene & sanitation items.** Body wipes & sanitizing wipes are always useful.
- Cell phone & charger.** Consider purchasing one portable, cordless, rechargeable charger per phone.
- Copies of your personal documents.** (Medications, birth/death certificates, deeds/leases, insurance policies, emergency contact list (family & friends).
- Extra cash** – ATM machines may go down.
- Pet supplies** – leash, food, bowl, blanket, meds.
- Gas** - Fill your vehicle & have extra for your generator.
- Non-clumping kitty litter, sand, and/or rock salt for walkways & traction.**
- Fuel for alternative heating methods** – coal & wood for stoves & fireplaces.
- Cooler(s) to put your refrigerated and frozen food in.** If power is lost, keep it full of ice & stored in the refrigerator, then avoid opening the refrigerator door as much as possible

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